

बुद्धधर्म

Buddhist Worldviews



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HVUS.06.010 Engaged Buddhism



Sakyamuni Buddha image from Tibet c. 18th century
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Short Story

(segue routine)



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Kalama Sutta

Buddhist Hermeneutics (Pali Canon: Anguttara Nikāya)

Do not believe in anything just because you
have heard it ...



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Kalama Sutta

Buddhist Hermeneutics (Pali Canon: Anguttara Nikāya)

- Do not believe in anything just because you have heard it.
- Do not believe in traditions because they have been handed down for many generations.
- Do not believe in anything because it is spoken and rumored by many.
- Do not believe in anything because it is found written in your religious books.
- Do not believe in anything merely on the authority of your teachers and elders.
- But after observation and analysis, when you find that anything agrees and is conducive to the good and benefit of one and all, then accept it and live up to it.

Satipaṭṭhana Sutta

Four Foundational Mindfulness Experiences
(Pali Canon: Majjhima Nikāya)

What is the first FOUNDATION of MINDFULNESS?

Satipaṭṭhana Sutta

Four Foundational Mindfulness Experiences
(Pali Canon: Majjhima Nikaya)

➡ Body

➡ ?

Satipaṭṭhana Sutta

Four Foundational Mindfulness Experiences (Pali Canon: Majjhima Nikaya)

➡ Body

➡ Feeling

➡ ?



Satipaṭṭhana Sutta

Four Foundational Mindfulness Experiences (Pali Canon: Majjhima Nikaya)

- Body
- Feeling
- **Mind/Consciousness**
- ?

Satipaṭṭhana Sutta

Four Foundational Mindfulness Experiences (Pali Canon: Majjhima Nikaya)

- Body
- Feeling
- Mind/Consciousness
- **Mental Objects/Phenomena**

Satipaṭṭhana Sutta - First Turning of the Wheel (Pali Canon: Majjhima Nikaya)

➤ Mental Objects/Phenomena

FOR EXAMPLE:

➤ FOUR NOBLE TRUTHS

➤ NOBLE EIGHTFOLD PATH

Satipaṭṭhana Sutta - First Turning of the Wheel (Pali Canon: Majjhima Nikaya)

➤ Mental Objects/Phenomena

➤ **FOUR NOBLE TRUTHS:**

➤ True suffering,

➤ True cause of suffering,

➤ True cessation of suffering,

➤ True path of liberation

Satipaṭṭhana Sutta - First Turning of the Wheel (Pali Canon: Majjhima Nikaya)

FOUR NOBLE TRUTHS:

➤ 2 causes :

➤ TRUE Cause of Suffering

➤ TRUE Cause (Path) of Liberation

Satipaṭṭhana Sutta - First Turning of the Wheel (Pali Canon: Majjhima Nikaya)

FOUR NOBLE TRUTHS

➤ 2 effects :

➤ TRUE Suffering (Results)

➤ TRUE Cessation of Suffering

= Liberation Result

Satipaṭṭhana Sutta - First Turning of the Wheel (Pali Canon: Majjhima Nikaya)

➤ NOBLE EIGHTFOLD PATH (to cessation)

- right views, right thoughts
- right speech
- right action, right livelihood, right effort
- right concentration/mindfulness, right meditation